

Controller of Site Safety (COSS)

Course Aim

To train staff to correctly determine their responsibilities and duties when acting as a Controller of Site Safety (COSS) when setting up a Safe System of Work on or near the line.

The training will consist off:

1. Introduction
2. Training Delivery
3. PTS Theory Assessment
4. Introduction to COSS
5. Planning a safe system of work
6. Blocking the line and communications
7. Communicating clearly
8. Choosing the right line blockage
9. Blocking a line using a T12
10. Blocking a line using a T2
11. Safe systems of work green zones
12. Green zones scenario exercise
13. Safe systems of work red zone
14. Red zones scenario exercise
15. How to give an effective safety briefing
16. Working in a possession
17. Checking qualifications
18. COSS working alone
19. Additional duties
20. Rail Incident Officer – An Overview
21. Theory Assessment
22. Verbal Practical Assessment

The maximum number of delegates is 8, the course duration is 4 days, for a recertification it is 2 days inclusive of PTS recertification.

PTO

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Objective

At the end of this course delegates will be able to:

1. Demonstrate their ability to interpret correctly relevant parts of the Rule Book, COSS Handbook and relevant Network Rail Specifications when acting as COSS
2. Demonstrate their understanding and ability to set up a Safe System of Work before they or any group of staff is allowed to go on or near the line.

Competence

The training will be followed by theory and practical assessments. Results will be forwarded by the training provider to the NCCA for Sentinel Track Safety Cards to be issued.

Entry Qualifications

Applicants for COSS training must hold a valid Sentinel Track Safety Card (PTS) and meet the required medical standards for persons detailed in Network Rail Specification NR/L2/CTM/021. It is also required that the delegates comply with the requirements of NR/L1/OHS/051 – Drugs and Alcohol.

