

# First Aid at Work requalification (HSE approved course)

This course updates the first aid skills for people who need to renew their statutory first aid at work certificate and whose existing certificate is still valid.

First aiders whose certificates have expired for more than 28 days must attend the full **four day first aid at work** course.

## **Who should attend**

This course is for people wishing to renew a valid first aid at work certificate.

## **What you will learn**

The course aims to update and refresh your knowledge of the First aid at work syllabus, while allowing time for revision and practice sessions in preparation for a final assessment.

## **Course content**

The course includes an update of first aid knowledge and skills and a revision of workplace requirements.

## **Course duration**

Two days. (12 hours)

The duration of this course will not be affected by the changes announced by the HSE for which come into effect in October 2009.

## **Assessment and Certification**

Successful candidates receive the full HSE approved First aid at work certificate valid for three years after completing a practical skills test.

**ASPIRE RAIL**

Unit 15b, Crewe Hall Enterprise Park, Cheshire, CW1 6UA  
Tel: 01270 254 176 Fax: 01270 253 267 email: [info@aspirerail.co.uk](mailto:info@aspirerail.co.uk)

