

Emergency First aid for the Appointed Persons

This course is ideal for smaller workplaces that present few health and safety risks, where a nominated or appointed person is required to take charge in the event of an illness or accident.

Who should attend

This course is ideal for 'nominated' persons or for people who provide support to qualified first aiders.

What will you learn

Basic life saving first aid and workplace health and safety regulations.

Course content

- Health and safety (first aid) regulations
- Managing an incident
- The priorities of first aid
- Treatment of an unconscious casualty
- Resuscitation
- Shock
- Bleeding
- Common workplace injuries.

Course duration

One day (6 hours)

Assessment and certification

Continuous assessment by trainer.

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