

# Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillation (AED)

This course teaches the essential skills required by an AED operator and gives students the confidence to know what to do in this kind of emergency. No previous first aid knowledge is necessary to attend an AED course.

## **Who should attend**

This course is suitable for anyone interested in furthering their emergency aid skills, or takes part in an organised first aid scheme. For health care workers, this course serves as a basic module.

## **What you will learn**

The course covers how to use an automated external defibrillator.

## **Course content**

- Treatment of an unconscious casualty.
- Resuscitation.
- Heart attacks.
- Getting to know the AED.
- Operating the AED.

## **Course duration**

Four hours.

## **Assessment and Certification**

Continuous assessment by trainer, all delegates will receive a certificate of attendance

